



Editorial v.3 n.1 – 2025 - Advancing Innovation and Inclusivity in Scientific Publishing

Dear Colleagues and Fellow Researchers,

I am honored to introduce myself as the new Editor-in-Chief of CERES - Health & Education Medical Journal, a young and dynamic peer-reviewed Open Access journal dedicated to advancing the fields of Medicine, Biomedical Sciences, and Medical Education. Inspired by Ceres, the goddess of agriculture and growth, our journal aspires to be a fertile ground where innovative ideas can germinate and flourish, enriching the global scientific community.

I am delighted to join forces with our esteemed founding editors—who will continue to contribute their invaluable expertise as integral members of our editorial board—as we work together to enhance the journal's profile and impact. Our collective goal is to cultivate a vibrant ecosystem that fosters the growth of new knowledge and promotes the unimpeded exchange of ideas.

In an era where equitable access to publishing opportunities is paramount, CERES is committed to creating an inclusive platform that transcends geographical and economic barriers. We firmly believe that financial constraints should never hinder the dissemination of valuable scientific contributions. To uphold this principle, we are proud to announce that CERES is a publication without any Article Processing Charges (APCs), one of the main reasons that made me accept the invitation to become Editor-in-Chief. This enduring commitment ensures that talented researchers from all corners of the globe, particularly those from underrepresented regions, can share their work without financial obstacles.

Our mission is to curate original, high-quality scientific literature that advances our fields and benefits society. We recognize that innovative research employing advanced and robust methodologies can sometimes face challenges within traditional peer-review processes. Such methods, while offering significant insights, may be less familiar to some reviewers, potentially leading to misunderstandings or underappreciation of the work's value. At CERES, we are dedicated to ensuring that pioneering studies receive thoughtful and informed evaluation based on their scientific merit and potential impact.

To uphold the highest standards of academic integrity, our diverse and dedicated editorial team is committed to a transparent and rigorous peer-review process. We are assembling a panel of reviewers with a broad range of expertise to accurately assess advanced methodologies and innovative research designs. By fostering an environment that values diverse perspectives and cutting-edge ideas, we aim to encourage groundbreaking advancements that propel our fields forward.

While we are still establishing our reputation, we have taken significant steps to ensure your work reaches a wide audience. CERES is indexed in Crossref, ISSN, and other reputable databases; and each published article is assigned a unique Digital Object Identifier (DOI). This ensures that your research is easily discoverable, citable, and integrated into the global scientific dialogue.

Allow me to share a bit about myself. I am Carlos Fernando Collares, MD, MSc, PhD, and my professional journey has been dedicated to enhancing medical education and research. With experience in innovative assessment methods and educational strategies, I have collaborated with diverse teams internationally to improve the quality and equity of medical education. I bring this passion and commitment to CERES, eager to nurture a journal that embodies these values.

We warmly invite you to consider CERES as the home for your next manuscript. Whether your research explores cutting-edge biomedical discoveries, introduces new approaches to medical education, or provides critical insights into clinical practice, we are eager to support and disseminate your findings.

As we embark on this exciting new chapter, I am confident that, together, we can elevate CERES to new heights of excellence. Let us collaborate to cultivate an environment where ideas can take root and thrive, much like the fertile grounds tended by the goddess Ceres herself.

I look forward to your valuable contributions and to the journey ahead.

With sincere regards,

Carlos Fernando Collares, MD, MSc, PhD
Editor-in-Chief
CERES - Health & Education Medical Journal